

# WINTER WELCOME

EXCHANGE STUDENT SCHEDULE 2019



First Year Center

STUDENT AFFAIRS AT WASHINGTON UNIVERSITY

# WELCOME EXCHANGE STUDENTS!

Welcome to Washington University! As you prepare for your semester at Washington University, you will share many similar experiences with other new students, beginning with Winter Welcome. This orientation program will help you become acclimated to our campus and introduce you to many people and resources that will assist you. Most importantly, orientation is a time to meet and socialize with other students new to Washington University.

Your orientation experience will be comprised of events related to your undergraduate school as well as social events. Please pay particular attention to REQUIRED EVENTS as they may pertain to advising and your courses.

Some of our social events are required, while others are optional; however, we strongly encourage you to participate in all programs in order to make the most of your Washington University orientation experience.

The most important thing to remember during orientation is that you are not alone in this new experience. Everyone on campus is excited to help you learn all you need to know about being a student at Washington University, so don't ever hesitate to ask questions as you begin to discover your place in the Washington University community!

This guide was created to assist you through your first few days at Washington University as well as offer some resources for you to use throughout your semester in St. Louis!

## Legend:

Throughout the schedule, **grey highlight** is used to indicate that the program is a mandatory event; attendance is required.

We are very excited to welcome you to the Washington University community!

**The First Year Center**

**firstyear.wustl.edu**

**314-935-5040**

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# WEDNESDAY, JANUARY 9th

## Arriving to Campus

*Plan to arrive on campus on Wednesday, January 9. It is mandatory that you register your arrival time with the Office of International Students and Scholars (OISS) to have staff available on campus to assist you when you arrive.*

## Optional events for students who have already arrived on campus:

All Day

### Your To-Do List

Take time today to take care of tasks that may take more time prior to the beginning of Washington University's orientation programming. View supplemental guide provided by OISS for information on mobile phone providers. View supplemental guide called "How do I get there?" for information on shopping via Metrolink and locations.

- Bank Account
- Mobile Phone
- If you have your phone and bank account set up, you may have time for shopping
  - Bedding
  - Towels
  - Winter coat and warm clothing
  - Toiletries
  - Food and snacks
  - Basic kitchen supplies (depending on residence)
  - Textbooks and school supplies

7:00PM

### Dinner with Exchange Students (Optional)

*First Year Center*

Join us for an optional meal in the First Year Center. All campus eateries are closed at 3:00PM today, so we will have some catered food options for folks who have already arrived to St. Louis and are looking for a meal.

# THURSDAY, JANUARY 10th

9:00AM – 9:30AM

## **Check-In (Required)**

*Danforth University Center, Room 234*

9:30AM – 9:45AM

## **Welcome and Introduction (Required)**

*Office for International Students and Scholars*

Meet the leadership of the Office for International Students and Scholars and get to know other new exchange students

10:30AM – 11:15AM

## **Dimensions of Friendship (Required)**

An exploration of the cultural differences related to friendships and how you can use this information to make friends across cultures.

11:15AM – Noon

## **Community Expectations and Student Conduct (Required)**

A discussion of expectations of student conduct at Washington University.

Noon – 1:00PM

## **Exchange Student Welcome Lunch (Required)**

*Orchid Room*

1:00PM – 1:45PM

## **Exchange Student Cohort Welcome (Required)**

*Orchid Room to Breakout Rooms*

Meet your fellow Exchange Student Cohort as we do icebreakers and get to know you activities. Our student leaders will walk through the schedule in detail with you to prepare you for the days ahead.



# THURSDAY, JANUARY 10th

2:00PM – 6:00PM

## **Shopping Trip**

*Meet at the stairs in the Danforth University Center*

Travel with the First Year Center Executive Board to purchase essentials for living on campus. Walk from the DUC to the Metro and travel to shopping areas in St. Louis. Groups will travel to Target and Bed Bath and Beyond, as well as the Galleria Mall.

6:30PM – 8:30PM

## **Dinner on the Loop**

*Meet at the stairs in the Danforth University Center to walk over to the Loop*

Join First Year Center student leaders and current students for dinner on the Delmar Loop.

8:30PM – 10:00PM

## **Game Night Social**

*First Year Center*

Spend more time getting to know your fellow classmates in this informal setting.

# FRIDAY, JANUARY 11th

*Meal plans start today. If you purchased a meal plan for your University Campus Card, you will start receiving access to it today.*

9:00AM – 9:30AM

## **Check-in Meeting**

*Meet at the stairs in the Danforth University Center*

Check-In with your Student Leaders. You will break out to your required School/College meetings.

9:30AM – 1:00PM

## **School/College Meetings and Lunch (Required)**

*Various Locations*

Get to know more about your academic division, expectations for the classroom experience, and key connections with faculty and staff.

1:30PM – 2:30PM

## **Safety and Security (Required)**

*Danforth University Center, Room 234*

Learn about safety and security on campus and in the surrounding areas.

2:30PM – 5:00PM

## **The Date (Required)**

*Danforth University Center, Room 234*

A dynamic presentation and discussion with the Relationship and Sexual Violence Prevention (RSVP) Center on healthy dating and relationships.

5:00PM – 6:00PM

## **Dinner at Bear's Den**

*Bear's Den, South 40*

Meet at Bear's Den for a dinner with peer leaders and other students.

6:30PM

## **Ice Skating**

*Meet in Simon Parking Lot*

Join us for ice skating at Steinberg skating rink in Forest Park. You may want to bring cash for snacks or hot cocoa. The First Year Center will pay for your skate rental. Don't forget to dress warmly, in layers, and wear/bring warm socks!



# SATURDAY, JANUARY 12th

9:15AM

## **Meet Student Leaders for St. Louis Immersive Experience (Eat Breakfast Beforehand)**

*Village Lobby*

Meet in the lobby of the Village to go on the St. Louis Immersive Experience. We leave promptly at 9:30AM. Bring your UPass, and student leaders will teach you how to use public transportation as you take the train to the Museum.

10:00AM – Noon

## **Missouri History Museum**

*Join us as we explore St. Louis and Missouri history and tradition at the Missouri History Museum. Learn about US traditions, customs, norms, and context for your experience here in St. Louis.*

Noon

## **St. Louis Immersive Experience**

*Take part in a St. Louis Immersive experience as we explore various neighborhoods and engage with St. Louis culture and community. Join the peer leaders on a guided tour of St. Louis with Renegade STL, a fun and energetic professional tour of the whole city - past and present. Food will be provided.*



# SUNDAY, JANUARY 13th

9:30AM – 11:00AM

**Classes are tomorrow, get ready! (Required)**

*DUC 234 with Breakout Rooms*

11:00AM – 3:00PM

**Find Your Classes Campus Tours**

*Meet at the stairs in the Danforth University Center*

Bring your class schedule and meet at the bottom of the staircase in the DUC. Our student leaders will bring you around campus, help you find your classrooms, and locate important locations for your day-to-day such as tips on places to eat or study!

# MONDAY, JANUARY 14th

5:30PM – 7:00PM

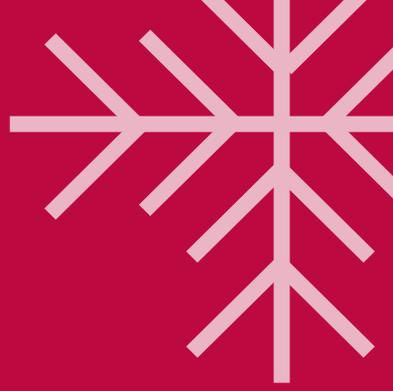
## **Meet your WUSAs (Required)**

*DUC 234*

Meet your WUSAs, Nina and Kate, who will work with you throughout the year as Washington University Student Associates. They will plan social events and help you connect with St. Louis city, US traditions, and help you acclimate to your academic experience. Take time to join them for dinner and debrief your first day!

# DINING

	Wednesday, January 9th	Thursday, January 10th	Friday, January 11th	Saturday, January 12th	Sunday, January 13th
<b>Danforth University Center</b>	11:00AM – 3:00PM	11:00AM – 3:00PM	11:00AM – 3:00PM	Closed	Closed
<b>DUC Cafe Bergson</b>	8:00AM – 1:00PM	8:00AM – 1:00PM	8:00AM – 1:00PM	Closed	Closed
<b>South 40 Bear's Den</b>	Closed	Closed	11:00AM – 10:00PM	11:00AM – 10:00PM	11:00PM – 2:00AM
<b>South 40 Cherry Tree Cafe</b>	Closed	Closed	8:30AM – 10:00PM	8:30AM – 10:00PM	8:30AM – 2:00AM
<b>Village Cafe</b>	Closed	Closed	11:00AM – 3:00PM	11:00AM – 3:00PM	Brunch: 11AM – 2PM 5:00PM – Midnight
<b>Village Coffee &amp; Millbrook Market</b>	Closed	Closed	11:00AM – 5:00PM	11:00AM – 7:00PM	9:00AM – 12:00AM



## First Year Center

STUDENT AFFAIRS AT WASHINGTON UNIVERSITY

**Umrath House, Lower Level  
Room L925**